

CERTIFICATE OF PARTICIPATION

This is to certify that

Towie Slabbert

Has successfully participated & completed the

52km Cape Warm Up

held at Grootvlei NG Kerk.

TIME 01:49:38

PACE 28.46km/h

GENDER 41 of 62

OVERALL 48 of 89

**MASTER (50- 12 of 18
59)**



02 March 2019, Sat

Date



BoutTime

Signature